

“ A lecture performance a la *The Vagina Monologues* that provokes as it electrifies audiences about the things everyone cares about: sex and relationships.... This is an educational and entertaining event better than any class on campus. ”

# THE J-SPOT

## A Sex Educator Tells All

conceived and performed by  
Jay Friedman\*

**The J-Spot: A Sex Educator Tells All** is the mind-blowing lecture performance by Jay Friedman—an award-winning writer, speaker, sex educator and provocateur.

Jay has his finger on the pulse of sexual issues in our society. Personal, philosophical, political and prophetic, he delivers a “sexual state of affairs” address on where we’ve been, where we are, and where we’re headed sexually—with the ultimate goal of helping everyone enjoy healthy relationships. Good to the last drop, and guaranteed to inspire conversations long after the curtain closes.

Unafraid to tackle the toughest of topics, including:

- The three conditions to meet before you’re ready to have sex
- The truth about whether men really explode if they don’t have sex
- The mysteriously missing sexual organ
- How to make condoms feel oh-so-much better
- Sex in the U.S.: victorious or Victorian?
- Campus-to-campus: a sex educator’s stories from the road

### Resources:

- American Association of Sex Educators, Counselors and Therapists:  
[www.aasect.org](http://www.aasect.org)
- Go Ask Alice!:  
[www.goaskalice.columbia.edu](http://www.goaskalice.columbia.edu)
- Good Vibrations:  
[www.goodvibes.com](http://www.goodvibes.com)
- Liberator Shapes:  
[www.liberatorshapes.com](http://www.liberatorshapes.com)
- Scarleteen:  
[www.scarleteen.edu](http://www.scarleteen.edu)
- Sexuality Information and Education Council of the United States:  
[www.siecus.org](http://www.siecus.org)
- Society for Human Sexuality:  
[www.sexuality.org](http://www.sexuality.org)
- Womyns’ Ware:  
[www.womynsware.com](http://www.womynsware.com)

And, locally, be sure to check your on-campus *Health/Wellness Center* to ask about medical, counseling, and educational services.

“Simply put:  
He gets four stars.”  
– *Northeastern Illinois Univ.*

So, you want to study sex?  
Graduate programs include:

- The Institute for Advanced Study of Human Sexuality, San Francisco, CA:  
[www.iashs.edu](http://www.iashs.edu)
- New York University, Department of Health Studies, New York, NY:  
[www.nyu.edu/education/health/healthed](http://www.nyu.edu/education/health/healthed)
- University of Guelph, Department of Family Relations and Applied Nutrition, Guelph, Ontario, Canada:  
[www.uoguelph.ca/FAMILY](http://www.uoguelph.ca/FAMILY)
- Widener University – Human Sexuality Education Program, School of Human Service Professions, Wayne, PA:  
[www.widener.edu](http://www.widener.edu)

For further information, click on RESOURCES at [www.sexscience.org](http://www.sexscience.org)

\*originally conceived by his parents in their own performance